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## BREAKFAST

### **BLUECORN AMARANTH WAFFLES**

**\$ 15.00**

Gluten-free blue corn, amaranth waffles topped with fresh berry maple syrup compote and coconut whipped topping

### **AVOCADO ZOTAH BAYLA TOAST**

**\$ 9.00**

Sliced avocado on pueblo oven bread garnished with sunflower sprouts and seeds

### **BREAK-FAST BURRITO**

**\$ 9.00**

Black beans, potatoes, greens and tofu wrapped in a freshly-made flour tortilla. GF corn tortilla option available

## LUNCH

### **DAILY KYUNAH (STEW)**

**\$ 7.00**

### **SACRED SALAD \$ 13.00**

Locally-grown kale, avocado, cherry tomatoes, shredded carrot, sunflower seeds and massaged with a creamy lemon tahini dressing topped with 3 falafels

### **ITAL NDN TACO \$ 12.00**

Pueblo-style fry bread smothered with red chile beans, topped with avocado, romaine, tomatoes, onions and drizzled with og pumpkin chi sauce

### **OG NACHO SUPREME**

**\$ 15.00**

Corn chips, smothered in our signature house-made OG pumpkin chi sauce topped with black beans and enhanced with quinoa, pickled jalapenos, tomatoes. GF

### **HEY MISS ENCHILADA**

**\$ 6.00**

Seasonal squash, kale & OG pumpkin chi sauce enveloped in a red chile-infused unbleached/whole wheat tortilla.

### **THE WHOLE ENCHILADA**

**\$ 12.00**

Seasonal squash, kale, red chile sauce & OG pumpkin chi sauce in a red chile-infused unbleached/whole wheat tortilla (1), or corn tortillas (2), smothered with pinto beans and topped with romaine, microgreens, tomatoes and onions

### **PUEBLO PIZZA \$ 11.00**

2 slices of Zotah Bayla (oven bread) toasted and topped with house-made marinara, olives, greens, mushrooms, peppers and drizzled with garlic sauce

### **OG NACHOS \$ 7.00**

Corn chips smothered in our OG house-made pumpkin chi sauce and topped with pickled jalapenos

### **FEAST BOWL \$ 7.00**

Our daily beans, greens & quinoa served



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### LUNCH

**TAMALE PLATE \$ 20.00**

Two steamed tamales filled with red chile black beans, squash, greens, smothered in your choice of red or green chile. Served with black beans, quinoa and optional fry bread

**HAND GRENADES \$ 9.00**

Baked masa filled with butternut squash, garbanzo beans, chard and green Chile (GF)

**MORE LIFE SALAD**

Greens greens greens, quinoa, pumpkin seeds, avocado, sweet potato, cranberries drizzled with a maple syrup vinaigrette. GF

Regular / \$13.00

Regular / \$0.00

### DRINKS

**BOTTLED WATER \$ 2.00**

**YERBA MATE & MINT**

12 oz / \$8.00

16 oz / \$10.00

**JUICE OF THE DAY**

**\$ 8.00**

Freshly made cold-press juice. Ask about daily offerings

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**FRESH PRICKLY PEAR LEMONADE**

Sweetened with cane sugar

12 oz / \$8.00

16 oz / \$10.00

**COCONUT WATER \$ 4.00**

**BERRY BLESSED**

Strawberry, dates, banana, orange juice, plant milk

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**SMOOTHIE 16 OZ**

Green Omega / \$10.00

Mango Marley / \$10.00

Berry Bless / \$10.00

Chaco / \$10.00

**SMOOTHIE 12 OZ**

Green Omega / \$8.00

Mango Marley / \$8.00

Berry Bless / \$8.00

Chaco / \$8.00



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## BAKED GOODS

### ATOLE \$ 12.00

A warm nourishing bowl of creamy blue corn/pepita atole- lightly sweetened with maple syrup and adorned with a mixed berry sauce

### AMARANTH PUDDING

Amaranth pudding topped with fresh fruit and candied pumpkin seeds.

Plain or Chocolate

Chocolate / \$9.00

Plain / \$8.00

### ZOTAH BAYLA (PUEBLO OVEN BREAD)

**\$ 8.00**

Whole Loaf

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### ENERGY BITES \$ 2.00

### COOKIES

Regular / \$0.00

Regular / \$0.00

### PRICKLY PEAR PINON CHEESECAKE

**\$ 9.00**

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### SLICE OF PIE \$ 5.00

Freshly baked pie

### BAKED GOODS

### DAILY RAGGA MUFFIN

**\$ 4.50**

Daily muffin

## SWAG

**ITALITY SHIRT \$ 15.00**